



New Jersey Department of Children and Families Policy Manual

Manual:	NJAC	NJ Administrative Code Excerpts	Effective Date:
Title	10	Human Services	
Chapter	126	Manual Of Requirements For Family Child Care Registration	8/25/2009
Subchapter:	6	Safety, Health And Program Requirements For Providers	
Section	12	Activities for children (N.J.A.C. 10:126-6.12)	

§10:126-6.12 Activities for children

(a) Activities for the children shall be structured to include:

1. Active and quiet play;
2. Indoor and outdoor play;
3. Rest or sleep; and
4. Meals and snacks.

(b) The provider shall supply safe toys, play equipment and creative materials to ensure each child the opportunity to participate in a variety of activities appropriate for the ages, interests and number of children present.

1. Programs for pre-school age children shall offer materials from the following categories:

- i. Dramatic play and language development (for example, dress-up clothes, puppets, books, play telephones and unbreakable dishes);
- ii. Visual and small muscle development (for example, mobiles, unbreakable mirrors, blocks, rattles, puzzles, sorting and stacking toys);
- iii. Auditory development (for example, records, musical instruments and tapes);
- iv. Creative expression (for example, clay, non-toxic paint, paper and blunt scissors); and
- v. Large muscle development (for example, swings, balls, bicycles, large boxes and wagons).

2. Programs for infants and toddlers shall include the applicable items for (b)1 above, and a daily routine adapted to the individual needs of each

infant and toddler that fits, as much as possible, into the schedule set up by the parent.

3. The provider shall maintain on file a written schedule of daily activities and provide a copy for the parents.

(c) The provider shall ensure that children are supervised while in swings, high chairs or stationary activity centers and do not remain in such equipment for more than 30 consecutive minutes; and that the majority of every child's waking hours are spent out of cribs and playpens in a safe, clean place where he or she may move and explore freely.

(d) The provider shall plan the day to allow for time to offer each child individual attention, affection and comfort.

(e) Television shall be used with discretion and shall not be used as a substitute for planned activities.

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